

Connecticut – Concussion Training

https://www.networkforphl.org/_asset/7xwh09/StateLawsTableConcussions_2-19-13.pdf

Citation – C.G.S.A. 10-149b and 10-149c

Requires training for coaches

Does NOT require education for both parents, youth athletes

Contains Return to Play (RTP) – Restrictions

Medical clearance required

Type of Provider that can issue RTP Clearance –

Licensed health care professional, which law defines as a licensed physician, physician assistant, advanced practice registered nurse or athletic trainer.

Does NOT require – Head injury baseline assessment or history

First Year Enacted – March 2010

First Year Effective – January 2010

Summary

Requires intramural and interscholastic coaches to complete an initial, approved training course on concussions and head injuries prior to the season beginning 7/1/2011. Requires annual review of concussion/head injury training material, as well as a "refresher course" no later than 5 years after completion of the initial training course. Requires state board of education, in consultation with athletic governing authorities, licensed athletic trainers' organization and a county medical association, to develop or approve an initial concussion and head injury training course, initial review materials and an initial refresher course. Law specifies requirements for content of training. Requires coach to remove from participation any player exhibiting signs of or diagnosed with concussion. Coach may not permit player to participate in activities involving physical exertion until player receives written clearance from a licensed health care professional trained in the evaluation and management of concussions. After return to play, coach must place limits on contact and physical exertion until athlete no longer exhibits symptoms of concussion at rest or with exertion and receives medical clearance to return to full, unrestricted play. Coaching permit can be revoked for failure to comply with law.

There is no Connecticut (CT) State or National youth coaching requirements.

CT Secondary (Middle School and High School) coaching educational requirements for the initial CT Secondary Coaching Permit as well as the five year renewable CT Secondary Coaching Permit.

Certified CT public school teachers need to submit their current teacher certification plus possess current CPR and First Aid certification to the CT Department of Education (CT SDE) for their Initial CT Secondary Coaching Permit.

Non CT certified public school teachers need to successfully complete a 45 Clock Hour Initial CT Secondary coaching course by any of the following CT SDE Approved providers listed below; plus possess current CPR and First Aid certification. Approved CT SDE approved providers for the initial 45 clock-hour coaching course are as follows: CCSU; CIAC; ECSU; Enfield Board of Education; MCC; Mitchell College; Naugatuck Valley Community Technical College; New Haven Board of Education; Newington Board of Education; Norwalk Community College; Plymouth Board of Education; Project Learn; Quinnebaug Valley Community College; Sacred Heart University; St. Joseph College; and SCSU <http://www.sde.ct.gov/sde/cwp/view.asp?a=2613&q=321388>.

For all CT Middle School and High School coaches, the renewal of a five-year coaching permit requires the completion of 15 clock hours in course work, workshops and/or seminars which provide information on safe and healthful coaching practices and child and adolescent development. The CT SDE approved providers for the 15 clock hours for the renewal of a five-year CT Middle School and High School coaching permit are as follows: Innovative CEUs ® <http://innovativeceus.com/> and CT Coaching Education Program (CCEP) <http://www.ctcoachinged.org/> .

Innovative CEUs, LLC became an approved provider of 15 Clock Hours by the CT SDE on February 7, 2011. The 5 three clock-hour courses approved by the CT SDE are as follows below.

- Coaching Special Populations: Female Athlete, Millennium and Injured Athlete
- Sports Nutrition for Teenage Athletes (Ages 13 – 18)
- Team Toughness, Team Building, Developing Team Cohesion, and Leadership Training
- Teen Injury Prevention
- Psychological Skills Training for Scholastic Teams and Athletes

Every CT Middle School and High School coach must take a three hour course in Concussion Management. Currently, the CCEP has the only CT SDE approved concussion course for CT Middle School and High School coaches Module 15. Innovative CEUs ® has submitted our own three hour C-Spine Sports Concussion course winter of 2013 for the approval of the CT SDE to fill this requirement featuring world renown neurologist Barry Joran, MD as the course presenter for this Innovative CEUs ® C-Spine Sports Concussion Course.

The issuance of all coaching permits is regulated by the Regulations Concerning State Educator Certificates, Permits and Authorizations. Page 34 of the regulations, Sec. 10-145d-423 (b) (6) and (7), found on our website at <http://www.sde.ct.gov/sde/lib/sde/PDF/Cert/regulations/regulations.pdf> articulates the requirements for both the issuance and renewal of five-year coaching permits.